STREATERIES

WEEK 1

Autumn/Winter 2026-27
31/08/26, 21/09/26, 12/10/26, 02/11/26, 23/11/26, 14/12/26, 04/01/27, 25/01/27, 15/02/27, 08/03/27

MAINS

	MAINS	VEGGIE
MON	STICKY HONEY GINGER MEATBALLS & BEANSPROUTS *With* EGG NOODLES	MISO ROAST AUBERGINE & EDAMAME WITH STICKY CHILLI GLAZE (V) *With* EGG NOODLES
TUE	CAJUN CHICKEN STACK, TOPPED WITH MARINARA AND CHEESE *With* GARLIC & HERB WEDGES	CAJUN ROASTED VEGETABLE & BUTTERBEAN BAKE (V) *With* GARLIC & HERB WEDGES
WED	SIMPLY ROAST PORK & YORKSHIRE PUDDING *With* SKIN ON GARLIC ROASTIES	CAULIFLOWER & SQUASH CHEESY GRATIN (V) *With* SKIN ON GARLIC ROASTIES
THU	CHICKEN TIKKA PATHIA CURRY WITH MINT YOGHURT *With* BRAISED RICE	ALOO GOBI VEGETABLE CURRY (V) *With* BRAISED RICE
FRI	BATTERED FISH SAUSAGE/VEG SAUSAGE PIZZA SLICE CHICKEN NUGGETS *With* CHIPS, GRAVY or IRISH CURRY SAUCE	PIZZA SLICE (V) VEGGIE SAUSAGE (V) *With* CHIPS, GRAVY or IRISH CURRY SAUCE

PAN ASIAN · AMERICAN Diner · Home STYLE · INCREDIBLE INDIA · Chips & More

VEGETABLES/SALAD

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WOK FRIED VEGETABLES	RED SLAW	RED CABBAGE & BROCCOLI	COCONUT GREEN BEANS	GARDEN PEAS OR BAKED BEANS

DESSERTS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ASPENS COOKIE	APPLE TARTE TATIN & CUSTARD	CHOCOLATE ORANGE SHORTBREAD	BANANA CHOC CHIP CAKE	HOMEBAKE FAVOURITES

Fresh Cut Fruit & Yogurt Pots *available daily*

KEY: VEGGIE (V)

HOT DELI KITCHEN

SELECTION OF PIZZAS AVAILABLE DAILY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
PIRI CHICKEN WRAP	KATSU CHICKEN BURGER	ROAST PORK & STUFFING ½ BAGUETTE	CHEESY NACHO DOG	LOADED CHIPS PEPPERONI MARINARA

PASTA, RICE & NOODLE POTS

AVAILABLE EVERY DAY
TOMATO SAUCE & CHEESE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CARBONARA SPAGHETTI POT	MEXICAN BEAN CHILLI RICE POT	THAI GREEN CURRY VEGETABLE NOODLE POT	SPICY CHICKEN PENNE	CLASSIC MAC CHEESE

BIG BOWL SALADS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHICKEN CAESAR SALAD	CHICKEN CAESAR PASTA SALAD	MISO ROASTED AUBERGINE & CHICKPEA SALAD	ASIAN VEGETABLE & CHICKPEA NOODLE SALAD	SALAD SPECIAL

DAILY
MEAL DEALS

STREATERIES

WEEK 2

Autumn/Winter 2026-27
07/09/26, 28/09/26, 19/10/26, 09/11/26, 30/11/26, 21/12/26, 11/01/27, 01/02/27, 22/02/27, 15/03/27

MAINS

	MAINS	VEGGIE
MON	HONEY MUSTARD CREAMY CHICKEN BAKE SPAGHETTI	FIERY ROASTED CHILLI & OLIVE PENNE PASTA BAKE (V)
TUE	HAND PRESSED BBQ GLAZED PORK & APPLE BURGER *With* APPLE SLAW & HAND CUT WEDGES	VEGGIE DOG & APPLE SLAW (V) *With* HAND CUT WEDGES
WED	ROAST CHICKEN DINNER WITH STUFFING & GRAVY *With* SKIN ON GARLIC ROASTIES	LENTIL & ONION PASTRY PIE (V) *With* SKIN ON GARLIC ROASTIES
THU	SLOW ROAST PORK CARNITAS TACO & GREEN CHILLI SALSA *With* TOMATO RICE	MEXICAN BEAN QUESADILLA & GREEN CHILLI SALSA (V) *With* TOMATO RICE
FRI	BATTERED FISH SAUSAGE/VEG SAUSAGE PIZZA SLICE CHICKEN NUGGETS *With* CHIPS, GRAVY or IRISH CURRY SAUCE	PIZZA SLICE (V) VEGGIE SAUSAGE (V) *With* CHIPS, GRAVY or IRISH CURRY SAUCE

VEGETABLES/SALAD

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
GARLIC GREENS	MIXED SALAD	CARROTS & CAULIFLOWER	CRUNCHY FIESTA SALAD	GARDEN PEAS OR BAKED BEANS

DESSERTS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ASPENS COOKIES	OLD SCHOOL SPRINKLE SPONGE	STICKY TOFFEE PUDDING	APPLE & PEAR CRUMBLE & CUSTARD	HOMEBAKE FAVOURITES

Fresh Cut Fruit & Yogurt Pots *available daily*

KEY: VEGGIE (V)

HOT DELI KITCHEN

SELECTION OF PIZZAS AVAILABLE DAILY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BBQ CHICKEN WRAP	CHEESE & JALAPENO TOASTIE	ROAST CHICKEN & STUFFING ½ BAGUETTE	2oz SNACK BURGER	CHEESY CHIPS

PASTA, RICE & NOODLE POTS

AVAILABLE EVERY DAY
TOMATO SAUCE & CHEESE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
GARLIC CHICKEN ALFREDO SPAGHETTI	CLASSIC CHICKEN KORMA RICE POT	SWEET & SOUR VEGGIE NOODLES	BEST EVER BOLOGNESE SPAGHETTI POT	CLASSIC MAC CHEESE

BIG BOWL SALADS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
GRAIN & SEED BIG BOWL SALAD	CHARRED PINEAPPLE GRAIN BOWL	CAJUN CHICKEN, SWEET POTATO & AVOCADO SALAD	SOUTHWEST PULLED CHICKEN COBB SALAD	SALAD SPECIAL

DAILY
MEAL DEALS

STREATERIES

WEEK 3

Autumn/Winter 2026-27
14/09/26, 05/10/26, 26/10/26, 16/11/26, 07/12/26, 28/12/26, 18/01/27, 08/02/27, 01/03/27, 22/03/27

MAINS

	MAINS	VEGGIE
MON	CLASSIC SAUSAGE, MASH & ONION GRAVY	QUORN SAUSAGE, MASH & ONION GRAVY (V)
TUE	CHICKEN ADANA 'KEBAB' SERVED ON A FLATBREAD WITH HOUSE CHILLI OR GARLIC SAUCE	HOMEMADE FALAFEL SERVED ON A FLATBREAD WITH HOUSE CHILLI OR GARLIC SAUCE (V)
WED	BROWN SUGAR GLAZED GAMMON, YORKSHIRE PUDDING & GRAVY *With* Skin on Garlic Roasties	ROASTED ROOT VEGETABLE GALETTE *With* Skin on Garlic Roasties
THU	MALAYSIAN CHICKEN RENDANG *With* Coconut Rice	CURRIED EDAMAME LAKSA & BEANS SPROUT *With* Egg Noodles (V)
FRI	BATTERED FISH SAUSAGE/VEG SAUSAGE PIZZA SLICE CHICKEN NUGGETS *With* CHIPS, GRAVY or IRISH CURRY SAUCE	PIZZA SLICE (V) VEGGIE SAUSAGE (V) *With* CHIPS, GRAVY or IRISH CURRY SAUCE

Home STYLE · MEZZE MIX IT UP! · Home STYLE · PAN ASIAN · Chips & More

VEGETABLES/SALAD

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
PEAS & CARROTS	MIXED SALAD	MIXED GREENS	TOMATO & CUCUMBER CHILLI SAMBAL	GARDEN PEAS OR BAKED BEANS

DESSERTS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ASPENS COOKIE	OATIE PINEAPPLE MUFFIN	OLD SCHOOL TOFFEE TART	DATE BROWNIE	HOMEBAKE FAVOURITES

Fresh Cut Fruit & Yogurt Pots *available daily*

KEY: VEGGIE (V)

NOT JUST POTATOES... LOADED SPUDS!

SO GOOD THEY'RE HERE TO STAY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MEATBALL MARINARA	TERIYAKI CHICKEN	CHICKEN TIKKA MASALA	PULLED HAM CARBONARA	ALL THE CLASSICS

AVAILABLE EVERY DAY
BEANS • CHEESE • TUNA

ASPENS

REGULAR CHEF'S SPECIALS

HANDCRAFTED DELI SANDWICHES, BAGUETTES, WRAPS, SALADS & MORE!

HOT DELI KITCHEN

SELECTION OF PIZZAS AVAILABLE DAILY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CRISPY CHICKEN BURGER	LOADED GARLIC BREAD WITH HAM & RED ONION	GLAZED GAMMON ½ BAGUETTE	CHICKEN BIRYANI BURRITO	BBQ CHEESE LOADED CHIPS

PASTA, RICE & NOODLE POTS

AVAILABLE EVERY DAY
TOMATO SAUCE & CHEESE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MEATBALL MARINARA PENNE	TERIYAKI CHICKEN NOODLES	CHICKEN TIKKA MASALA RICE POT	PULLED HAM CARBONARA SPAGHETTI	CLASSIC MAC CHEESE

BIG BOWL SALADS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
TOMATO & BASIL PASTA SALAD WITH PESTO DRIZZLE	ITALIAN CHICKEN PASTA SALAD	SUPERFOOD SALAD BOWL	QUINOA & FETA HEALTH BOWL	SALAD SPECIAL

DAILY
MEAL DEALS

Freshly Made from Scratch
DAILY!