

# Ormiston Bolingbroke Academy

Barnfield Avenue, Murdishaw, Runcorn, WA7 6EP

Tel: 01928 711643 email: admin@ob-ac.co.uk

Principal: Kathryn Evans BA (Hons) NPQH



Ref: LHU/SKY

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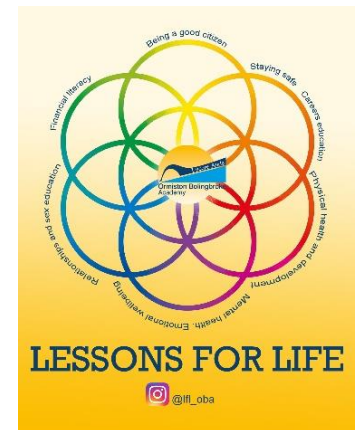
Dear Parents and Carers

I hope that your child's first month with us at OBA has gone well and they are settling in. I wanted to provide all new year 7 parents and carers with an introduction to our Lessons for Life curriculum.

At Ormiston Bolingbroke Academy we proudly invest time, effort and money into the personal development of the young people in our care. One of the core aspects of students' personal development is our Personal, Social, Health and Economic (PSHE) curriculum which is named '*Lessons for Life*'.

Our Lessons for Life programme encompasses seven key foci:

- Being a good citizen
- Careers education
- Financial literacy
- Mental health and emotional wellbeing
- Physical health and development
- Relationships and sex education
- Staying safe



Lessons for Life is delivered to all students for one hour per week. Lessons for Life is taught in a project-based approach whereby students study a different topic each half term.

During year 7 students will cover a range of different projects, these are listed below in the order they will be covered:

- "*OBA Against Bullying*" – a project where students will learn about the impact that bullying has, how to challenge bullying behaviours and about OBA's zero tolerance approach to bullying. This is the project your child is currently following.
- "*Fundamental British Values*" – here students will understand a practical application of Fundamental British Values of democracy, the rule of law, individual liberty, and mutual respect and tolerance of those with different faiths and beliefs.
- "*OBA Remembers*" – held to coincide with Armistice Day to raise awareness of Remembrance Day observations.
- "*Help! I'm Hairy*" – in this project students learn about how their body and emotions will change during puberty as well as how to take care of their diet and personal hygiene. This project includes a visit from our school nurse.
- "*Me and My Community*" – this project aims to raise awareness to how students can make a positive contribution to the school and local communities.
- "*The Web We Want*" – part of our online safety programme where students learn about the risks and dangers of the internet as well as practical steps to look after their own online safety. This project is enriched by a visit from one of our partner organisations – Collaborate Digital.

- *“Me and My Wellbeing”* – this important project is focussed on mental wellbeing and students learn about the importance of maintaining a positive wellbeing as well as sources of support when people have struggles.
- *“Inspirational Individuals”* – this project aims to raise awareness of outstanding individuals who have changed society and students review the life and work of such people. Examples of subjects covered include Martin Luther King Jr., Nelson Mandela and Mother Teresa.

I have recently produced a short video briefing providing an overview of our Lessons for Life curriculum. This video can be viewed on our YouTube channel here: <https://youtu.be/ZbiDEjRjtAA>. Further details about Lessons for Life curriculum can also be found on the OBA website here: <https://ormistonbolingbrokeacademy.co.uk/curriculum/lessons-for-life-pshe-2>.

I will share regular updates with you as your child progresses in Lessons for Life. In the coming weeks I will also be running a parental consultation about our Relationships and Sex Education provision.

Yours sincerely



Mr L Hussey  
Curriculum Leader – Lessons for Life