



Further Support

Support for issues raised in Lessons for Life are signposted at the back of each student workbook. Click on the logo links below to go directly to websites with information and support.

	<p>Allsorts Youth Project (LGBT inclusion):</p> <p>Connects & supports children & young people under 26 who are lesbian, gay, bisexual, trans or exploring their sexual orientation and/or gender identity (LGBT+) and their families.</p>
	<p>Anthony Walker Foundation (anti hate crime):</p> <p>The Anthony Walker Foundation was established in 2006 after the racially motivated murder of Anthony. Anthony's family and friends did not want his murder to be another statistic and wanted his name to live on with a positive, lasting legacy.</p>
	<p>ASH (physical health):</p> <p>Action on Smoking and Health (ASH) is a public health charity set up by the Royal College of Physicians to end the harm caused by tobacco.</p>
	<p>British Dietetic Association (physical health):</p> <p>Provides guidance and advice about diet and nutrition.</p>
	<p>Brook (sexual health):</p> <p>A charity supporting people with their sexual health and wellbeing.</p>
	<p>CEOP (online safety):</p> <p>CEOP is the National Crime Agency's Child Exploitation and Online Protection command.</p>
	<p>Cheshire Police (crime and the law):</p> <p>The local police force for our area. Providing advice and information. Crime can also be reported on the Cheshire Police website. Always dial 999 in the event of an emergency.</p>

	<p>Childline (all round support):</p> <p>A private and confidential service for children and young people up to the age of 19.</p>
	<p>Diana Award (anti-bullying):</p> <p>Engaging young people, parents and teachers to change the attitudes, behaviour and culture of bullying by building skills and confidence to address different situations, both online and offline.</p>
	<p>Do-It (citizenship):</p> <p>The UK's national digital volunteer matching service connecting people who want to donate their time and skills to charities and community causes</p>
	<p>Drinkaware (alcohol):</p> <p>Support, advice or treatment about alcohol consumption.</p>
	<p>Gendered Intelligence (LGBT inclusion):</p> <p>A registered charity that exists to increase understandings of gender diversity and improve trans people's quality of life.</p>
	<p>Halton 0-19 Healthy Child Service (physical health):</p> <p>The Halton Healthy Child Programme is a service available for all children, young people and families from pre-birth to 19 years and up to 25 years for young people with complex health needs. It is delivered by Health Visiting and School Nurses. Tel: 01928 593056 Text Relay: 18001 0151 495 5018 I mob: 07392863869 Facebook: www.facebook.com/halton019service/ Twitter: @Halton019</p>
	<p>Internet matters (online safety):</p> <p>Helping parents keep their children safe online</p>

	<p>Kooth (mental health and wellbeing):</p> <p>An online mental wellbeing community providing free, safe and anonymous support</p>
	<p>Money Helper (Financial literacy):</p> <p>A free, impartial money guidance service that's backed by government</p>
	<p>NHS quit smoking (physical health):</p> <p>Reliable information about the dangers of vaping from the NHS.</p>
	<p>NSPCC (staying safe):</p> <p>The UK's leading children's charity. We've been looking out for children for over 130 years</p>
	<p>OBA careers (careers information and guidance):</p> <p>A website for OBA students to provide you with links, advice and resources to help you to plan your career.</p>
	<p>Stonewall (LGBT inclusion):</p> <p>Providing information, support and guidance on LGBTQ+ inclusion; working towards a world where we're all free to be.</p>
	<p>Talk to Frank (drugs and alcohol):</p> <p>For facts, support and advice on drugs and alcohol . Find out everything you need to know about drugs, their effects and the law.</p>
	<p>Young Minds (mental health and wellbeing):</p> <p>Information and advice about mental wellbeing. Whether you want to understand more about how you're feeling and find ways to feel better, or you want to support someone who's struggling.</p>