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# Ormiston Bolingbroke Academy

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Principal: Kathryn Evans BA (Hons) NPQH



Ref: LHU/SJN

4<sup>th</sup> July 2023

Dear Parent/Carer

**Re: Online Safety**

I am conscious that young people will be spending a lot more time online during the imminent summer break and wanted to share a digital safeguarding update with you all.

Please find attached a summary of online safety issues which is designed to raise awareness of the key issues that affect young people. Information about keeping your children safe online can be found any time by:-

- Visiting the online safety for parents page on our website:  
<https://ormistonbolingbrokeacademy.co.uk/for-students/online-safety>
- Registering for and downloading the National Online Safety App which is free for all Parents/Carers of OBA students (more information can be found on the next page).
- Downloading the Safer Schools App for free (more information can be found on the next page).

Finally, to get a better understanding of how we can work together to support young people and yourselves with digital safety, I invite you to complete a short survey via this link:

<https://forms.office.com/e/FLPfEwbgE7>

I thank you for your ongoing support. Should you have any queries please do not hesitate to contact me.

Yours sincerely

Mr L Hussey  
Digital Safeguarding Coordinator



National Online Safety®

# Download your Free Online Safety App for Parents & Carers



## Be #OnlineSafetySavvy

Keep up with the latest apps games and tech your children are using, with the worlds most comprehensive online safety app for parents.

### On the National Online Safety app you'll find:

- ✔ Hundreds of online safety guides on the topics you need to know about – from screen addiction, fake news and trolling to hacking, social media influencers and sexting;
- ✔ An online safety training course for parents – developed by our experts and delivered by online safety ambassador Myleene Klass;
- ✔ A user-friendly interface with increased functionality – find exactly what you need, when you need it;
- ✔ The option to get notifications to your phone as soon as new content becomes available – so you can stay up-to-date with the latest online crazes (and risks);
- ✔ An in-app voting system so you can help determine the subjects you'd like us to cover in future;
- ✔ The facility to personalise your content by favouriting key resources.

### Download the free app today



Scan to download on Apple App Store



Scan to download on Google Play Store

or search for 'National Online Safety' in the store



www.nationalonlinesafety.com  
Twitter: @natonlinesafety

Call: 0800 368 8061  
Facebook: /nationalonlinesafety

Email: hello@nationalonlinesafety.com  
Instagram: @nationalonlinesafety



STEP 1  
Search 'Safer Schools'

STEP 2  
Open the App & enter the name of your school:

Ormiston Bolingbroke Academy

STEP 3  
Your entry code is:

Parent/Carer Secondary 7675

### Download today on:




The Safer Schools App has been developed by Ineqe Safeguarding Group in partnership with Zurich Municipal



# ONLINE SAFETY ISSUES




Ormiston Bolingbroke Academy recognises that the internet is a fantastic resource that brings endless benefits. However, the online world also presents problems and risks which we all need to be aware of. These include:




### Content

Being exposed to illegal, inappropriate or harmful content, such as: pornography, fake news, racism, misogyny, self-harm, suicide, anti-Semitism, radicalisation and extremism.




### Contact

Being subjected to harmful online interaction with other people; for example: peer pressure, commercial advertising and adults posing as children or young adults with the intention to groom or exploit them for sexual, criminal, financial or other purposes.




### Conduct

Everything that you publish and post online creates what is known as your 'Digital Footprint' and stays with you for life. Many people have said and done things online which they later regret. This can affect your reputation and your career.




### Commercialism

Young people's enjoyment online can sometimes lead to people unwillingly spending money online, risks include online gambling, inappropriate advertising, phishing and or financial scams.




### Cyberbullying

When technology is used to hurt other peoples' feelings without seeing them in person. Cyberbullying can often be more hurtful than face-to-face bullying.



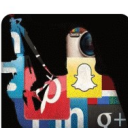
### Online Sexual Harassment and Abuse

Young people may experience harassment, sexual abuse, sexual exploitation or emotional abuse online. Such online harassment and abuse can be from people you know, as well as from strangers. People often feel like there is no escape from online abuse and harassment.




### Disinformation

Not all the information we see online is true for example 'Fake News' often appears online. You should only ever trust reliable sources.




### Radicalisation

Extremist organisations have been known to use the internet to try and encourage young people to share their views and ideologies.




### Sexting

When messages and indecent images are sent to/from a young person. This is against the law and can have serious consequences. Sometimes these images can be used in 'revenge porn' acts which is also against the law and can be very upsetting for the victim.




### Privacy

Personal details and information are sometimes hacked into by people with bad intentions, for example bank details to steal a person's money.




### Catfishing

Pretending to be someone you're not online by posting false information, or using someone else's pictures or name to impersonate them.




### Online Pressure

Many people feel pressured online to 'follow the crowd'. This can include getting involved in cyberbullying campaigns and using filters to look different. This often has a negative effect on a young person's self-esteem.



### Overuse of Technology

Some young people spend too much time using technology. This often has a negative effect on a person's performance at school, their health and well-being as well as their social life.



### Copyright and Privacy

Work shared online is often protected by copyright law and you may be breaking the law if you use other people's work or download content without permission or without paying for this service.

If you have an e-safety concern or would like more information on the above issues you should speak to **Mr Hussey - OBA E-safety Co-ordinator** or **ANY member of staff at school** who will happily support you.

