
Ormiston Bolingbroke Academy

Barnfield Avenue, Murdishaw, Runcorn, WA7 6EP

Tel: 01928 711643 email: admin@ob-ac.co.uk

Principal: Kathryn Evans BA (Hons) NPQH



Ref: LHY/MSE

15th December 2022

Dear Parent/Carer

Over the last few weeks of this half term students in year 7 have been learning about their physical health and development as part of their Lessons for Life curriculum.

The main outcome of this project is for students to gain informed and accurate knowledge, information and understanding about the physical and emotional changes experienced through puberty. Students have also covered important physical health matters such as diet, exercise, personal hygiene and dental health.

Today we welcomed our School Nurse to speak with students about their physical health and development with a particular focus on dental health. All students received a free goody bag from the school nurse which they will be bringing home.

Students engaged really well with this interaction, listening attentively and asking some excellent questions to the School Nurse. I am confident that you will be pleased to know that we are working with external agencies as to enrich your child's Lessons for Life programme and raise their awareness of body changes at their age. I would encourage all parents/carers to discuss this unit of work at home with your child.

After Christmas, year 7 students will be completing a unit of work about mental health in their Lessons for Life curriculum.

Further information about our Lessons for Life (PSHE) provision can be found on our website here: <https://ormistonbolingbrokeacademy.co.uk/curriculum/lessons-for-life-pshe-2>

Thank you for your continued support.

Yours faithfully

Mr L Hussey
Lessons for Life Coordinator

