

VTCT Level 3 Diploma in Spa Therapy Studies



Post 18 Choices:

- Salon or spa
- Cruise ships
- Teaching degree
- Assessors award
- Management degree

Beauty Therapy Studies L3-Learning Journey

Personal Statements

Throughout your one year of study, you will be provided with many performance opportunities to endorse your VTCT learning

You will be visited by vocationally relevant providers and practitioners who will assist in the delivery of your course and development of your skills

You will have access to vocational training with industry professionals.

You will **develop practical** techniques in preparation for working within the industry

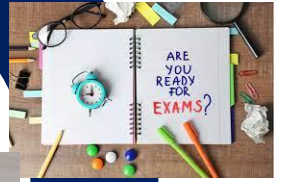
EVENTS AND OPPORTUNITIES
GMX AND BLACKPOOL SHOW AND COMPETITION

Summative assessments

Careers/Enrichments:

- 1-1 sessions
- Open salons
- Trips to wholesalers
- External guests e.g hairdressers

To carry out this unit you will need to maintain effective health, safety and hygiene procedures throughout your work.



Understand aftercare and homecare for all treatments



UV30574- Provide Indian head massage



Learn how to perform massage with & without use of oils

work with a variety of products

Develop specialist body wrapping treatments



Providing customer care and monitor treatment

Develop techniques to suit client needs

UV30448- Provide Spa Treatment

To be able to set up and shut down the following treatments- Sauna, Steam, Hydrotherapy, Floatation

Prepare and monitor specialist treatment in a professional manner

maintain effective health, safety and hygiene throughout your work



Demonstrating Professional skills

Understand the importance of hygiene and sterilisation

Develop an understanding of setting up and monitoring spa area

Develop treatment knowledge and aftercare advice for clients for spa treatments for each individual service

use of a variety of consultation techniques to establish the treatment outcomes required



Understand the different types of products and benefits

Develop massage techniques to suit individual needs

Developing an understanding of a therapist work and treatments

Develop the ability to adapt the use of pre-blended oils

consulting with the client, recognising any contra-indications

Across most VTCT units you will be expected to **write** log books that:

- Demonstrate **understanding** of learning and development
- **Review** and **reflect** on progress
- **Set** and **achieve** targets

UV30447- Monitor and maintain spa area

Analysing a professional work environment

What salaries can a therapist earn?



Developing Skills & Techniques



consulting with the client, recognising any contra-indications

preparing for the service and producing a treatment plan

Learn classical Swedish massage movements and techniques,



UV30425- Provide massage using pre blended oils

develop a client-centred approach to all your treatments

UV30424- Provide body massage

Communicating independent judgements and interpretations



Understand the physical and physiological benefits of massage



locate fire fighting equipment, first aid resources and have an awareness of fire

simple risk analysis, recognise a hazard, responsibly deal with the hazards

What are your transferable skills from previous courses



UV30468- Client care & communication

emergency and evacuation procedures



Follow safe and hygienic working practices

UV30491 Monitor & maintain health & safety practices in the salon

Introduction to learning at L3

Before OBA 6th form
GCSE Hair and beauty Induction

Develop your communication skills to deal with consultations, complaints, client comfort and all forms of client care

welcome