

Ormiston Bolingbroke Academy

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Principal: Kathryn Evans BA (Hons)



Ref: MOS/LHU/SKY

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Dear Parent/Carer

Please find below details of your child's PSHE provision, which is taught through our Lessons for Life programme. In addition, please find attached a letter detailing our approach to Relationships and Sex Education. Furthermore, I would be grateful if you could complete this very short survey at <http://bit.ly/OBALFL>.

You can find out more information about what your child will be studying in their Lessons for Life provision on the academy website <https://tinyurl.com/OBA-Lfl> (the document at the bottom of this page contains full details of what will be taught this year). We also invite you to follow Lessons for Life on Instagram where our page is @lfl_oba.

About Lessons for Life

All schools have a duty to ensure that all students receive a rich and relevant Personal, Social, Health and Economic (PSHE) curriculum. OBA's PSHE provision is delivered through our Lessons for Life programme which encompasses seven key areas of focus:

- Being a good citizen
- Careers education
- Financial literacy
- Mental health, Emotional wellbeing
- Physical health and development
- Relationships and sex education
- Staying safe

All of the above topics are underpinned by the fundamental British values of democracy, the rule of law, individual liberty, and mutual respect and tolerance of those with different faiths and beliefs.

Lessons for Life is delivered to all students one lesson per week in their form groups and taught by Form Tutors. We also work with partner organisations, visitors and guest speakers to enrich this provision.

Lessons for Life is taught in a project-based approach - the below table provides an overview of what projects different year groups have worked on this half term.

| Year 7 | Year 8 | Year 9 | Year 10 | Year 11 |
|--|---|--|---|---|
| <i>Me and My Community</i> – all about the OBA community and the community they live in. | <i>OBA Against Bullying</i> – an anti-bullying project to raise awareness about bullying and the effect it has. | <i>Looking After Myself</i> – raising students' awareness of the risks and dangers associated with drugs, alcohol and tobacco. | <i>Snagged</i> – a project linked to safeguarding education to raise awareness of grooming. | <i>Me and My Money</i> – educating students all about how they will earn and spend money as an adult. |

We encourage you to have regular discussions with your child about what they have been learning about in Lessons for Life and encourage any feedback you may have.

With thanks for your continued support.

Yours sincerely



Mr M Oakes
Assistant Principal – Personal Development



Mr L Hussey
Lessons for Life Coordinator